

The Art of Mac and Cheese

The Art of Mac and Cheese I thought I had eaten enough mac and cheese dinners to call it quits. I mean, they are a savior when my pockets are empty and I have absolutely no time to cook. But there is something about that fluorescent orange powder (a.k.a cheese flavouring) that makes me lose my appetite. The other day, however, a friend and I went to a restaurant and slowly browsed the menu. There were fusion dishes (chicken breast with sesame oil, wild rice and a mayo-wasabi dressing for the salad), traditional dishes (steak with mushrooms and mashed potatoes), spicy dishes (Mexican fajitas and spicy

noodles), and then there was macaroni and cheese. I finally decided to give the yellow pasta a chance... and it tasted wonderful! The pasta was cooked al dente, not boiled into a mush; the cheese sauce was not fluorescent and actually tasted like cheese; and there was some quality cheddar melted on top. The restaurant was playing some jazzy tunes, conducive to deep conversations. As we debated the merits of Foucault, and then reviewed the food, I realized something: my macaroni and cheese was a work of art. Food is art. Cooking is art. Art is being able to take a

Hey all you filthy little degenerates, it's time to get inspired with...

Raunchy's Whorescope Fortunes



- Aries** Make those tongue muscles flex; perform more oral sex."
- Taurus** You wouldn't poke yourself in the eye; don't tie knots you can't
- Gemini** Go make a pass, then take it up the ass.
- Cancer** Try a more intense spasm; go for a g-spot orgasm.
- Leo** Stop all that fretting; do more heavy petting.
- Virgo** Life seeming dim? Try licking the rim.
- Libra** Go for the glory; tell your ex you're sorry.
- Scorpio** Feeling a little spent? Try sex up at Trent.
- Sagittarius** Say goodbye to the boy; get a new sex toy.
- Capricorn** Say no to erotic suppression; it leads to neurotic depression.
- Aquarius** Don't feel you have to hide; allow yourself a pony ride.
- Pisces** Want to feel better? Write Raunchy a love letter.

Words of wisdom for the young people of today... Don't forget to **WRITE RAUNCHY**, you dirty little things! raunchylove@hotmail.com

If you could be one Spice Girl which one would it be, and why?

Photo Survey – Nathaniel Christopher



Cheryl Harrison

I would be Scary Spice because it's like Halloween every day!

Cathy Probert

I would be Baby Spice because she can get away with everything. She appears to be so sweet and innocent but underneath it is probably a different story. Also, she's disappeared off the map and is probably enjoying her private life.



Summer Steele

I would be the Anti-Spice because I think their 'girl power' is hypocritical and bland – not spicy at all.



Caitlin O'Sullivan

I would be Ginger Spice because the redder the head – the better in bed! She doesn't care about the Spice Girls and neither do I!



Fraser Smith

I would be Posh Spice. I feel that her specific characteristics are the most mutually compatible with my own.



Tina Katsoras

I would be Sporty Spice because she is the one with the great voice. It was her strong voice that really held the band together. She is not the sexiest one but that's okay – she can sing!

